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FOR IMMEDIATE RELEASE

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Nardone Chiropractic & Wellness – GOT PAIN? We've Got Your Back™ - Sponsors "Wellness in Wheeling" Free Healthcare Public Awareness Event

July 7, 2010 (Wheeling, WV) – Today, Nardone Chiropractic & Wellness™ (www.NardoneChiropractic.com) announced its inaugural public awareness campaign entitled "Wellness in Wheeling" – a free healthcare event open to the public. "Wellness in Wheeling" will be held at the City-County Building, 1500 Chapline Street, Wheeling, WV in room 102 this Friday, July 9th from 10:00 AM – 2:00 PM ET. The healthcare event will include free wellness screenings; free massage; vitamin and supplement assessments; a protein shake and juice bar; a healthy cooking and whole-foods demonstration; and, an educational seminar entitled "Eat Well, Think Well, Move Well®." Free giveaways for those who attend include water bottles and t-shirts. A new patient promotion will also be offered as well as a drawing to win a free gift basket (valued at \$300) filled with featured products showcased in the demonstrations including Standard Process supplements.

"With the changing trends in the healthcare and insurance industries, the wellness arena is finally becoming a household initiative – with more and more individuals finally being proactive and taking charge of their health through wellness and prevention. Through such prevention, we'll see a decrease in many things nationally in all ages and demographics, including heart conditions and obesity – of which West Virginia now has one of the highest rates." said Dr. Emil Nardone, founder and owner of Nardone Chiropractic & Wellness™ and #1-rated chiropractic and wellness physician in the Ohio Valley (*Readers Choice*, October 2009). "Therefore, 'Wellness in Wheeling' is our first public awareness campaign to give people the tools they need to succeed being healthy – from nutritional counseling, exercise assessment, whole-food supplementation and chiropractic care. Our goal is simple – we want people to feel their best and be their healthiest – and utilize us as a resource to achieve those goals. We hope to partner with other cities in the Ohio Valley region to host wellness events and bring good health to as many people as possible."

The specific schedule of the "Wellness in Wheeling" event includes the following:

10:00 AM – 2:00 PM ET: (ROOM 102)

- **FREE MASSAGE**
- **FREE VITAMIN SUPPLEMENTATION EVALUATION**
- **FREE NUTRITIONAL FOOD DEMONSTRATION**
- **FREE GIFT DRAWING**
- **NEW PATIENT PROMOTION**
- **FREE PROTEIN SHAKE AND JUICE BAR**

12:00 PM (NOON) – 12:30 PM: (ROOM 102)

EAT WELL, THINK WELL, MOVE WELL® educational seminar

“Wellness in Wheeling” is free and open to the public – no RSVP is required. To host a wellness campaign in your town, please contact Nardone Chiropractic & Wellness™ at 304-243-1055.

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About Nardone Chiropractic & Wellness™ (www.NardoneChiropractic.com):

Nardone Chiropractic & Wellness is a national leader in chiropractic and wellness healthcare with comprehensive practice groups including Individual & Corporate Care, Wellness Plans, Nutrition/Whole Foods Counsel & Supplementation, Workers Comp, Pregnancy, Orthotics and Personal Injury & Expert Testimony among other services. Please call (304) 243-1055 to make an appointment or schedule a consultation. Hours are Monday 1:00 PM – 7:00 PM; Tuesday & Wednesday 8:00 AM – 6:00 PM; 9:00 AM – 5:00 PM; Friday 7:00 AM – 1:00 PM. We are located at 1076 E. Bethlehem Blvd, Wheeling, WV 26003.