



## ADULT CONSULTATION HISTORY

Name: \_\_\_\_\_

Primary Complaint:

\_\_\_\_\_

Secondary Complaint:

\_\_\_\_\_

How long have you suffered with this problem? \_\_\_\_\_

What have you tried to do to get rid of this problem that **DID NOT** work?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

When your problem is at its worst, how does it make you feel? \_\_\_\_\_

How does this problem interfere with the following areas of your life?

WORK:

\_\_\_\_\_

FAMILY:

\_\_\_\_\_

HOBBIES:

\_\_\_\_\_

LIFE:

\_\_\_\_\_

What is the pattern of this problem?    Constant \_\_\_    Intermittent \_\_\_    Occasional \_\_\_    Cyclic \_\_\_

How did it start?

\_\_\_\_\_

Could your problem have been caused by an injury at work?  Yes  No

If yes, please give us the details:

\_\_\_\_\_  
\_\_\_\_\_

Have you been involved in an auto accident?  Yes  No

If yes, date of accident: \_\_\_\_\_